

## Contact Lens Language for the Patient and Professional – 1 hour

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**Course Description:** In the last 20 years contact lenses have moved from being a medical device to a retail commodity. Now more than ever it is important to create policies and procedures in how we present and dispense contact lenses to our patients. This course will explore ways to educate patients and create dialogue about being safe with their contact lenses.

**Course Description:** Upon completion of this course attendees should be able to:

- 1) Explain the difference between contact lenses.
- 2) Create a policy for insertion and removal for first time contact lenses
- 3) Use language that will help patients understand the importance of caring for contact lenses

**Timed Outline:**

Introduction – 5 minutes

Why is it important to educate patients about contact lenses and how to care for them

Commodity or Medical Device? – 10 minutes

Patients can obtain their contacts from multiple sources

Do you stand between your patient getting contacts?

How do patients view their contact lenses?

First Time Wearer – 10 minutes

What are your policies and procedures regarding first time wearers?

What can happen medically if not handled and worn correctly

Time constraints

Fees

Liability

Is my child old enough?

The Facts – 10 minutes

Cleanliness

Hygiene

Length of wearing

Modality

Frequency of changing

Overwearing

Solution and rewetting drops

Be the Guide at the Side – 10 minutes

Demonstrate when possible

Tips and tricks

Everyone is individual

Helicopter parents

Besides Contacts – 5 minutes

UV protection

Blue light reducing

Contacts are the backup to glasses

Conclusion – 5 minutes

It is important to educate our patients about the medical side of wearing contact lenses

We want life long wearers, not short term wearers